

# Missouri Department of Mental Health

# **Division of Alcohol and Drug Abuse**

Mark Stringer Division Director Bulletin August 2007

ATR: A GOOD RETURN ON INVESTMENT

Access to Recovery (ATR) is a 3-year, \$22.8 million grant awarded to Missouri in 2004 by the federal Substance Abuse and Mental Health Services Administration, (SAMHSA) Center for Substance Abuse Treatment (CSAT). This grant improved access to substance abuse treatment, and increased capacity while ensuring choice of faith based, non traditional or traditional treatment or recovery support providers. Unique to this grant was the focus on engaging the faith community. With a no cost extension granted by CSAT, the current ATR grant ends October 31, 2007. The Division of Alcohol and Drug Abuse has submitted another 3-year, \$21 million ATR application to SAMHSA. Funding announcement is anticipated by September 30, 2007.

#### **ATR Services & Supports:**

- Housing
- Transportation
- Work Preparation
- Case Management
- Faith- and Peer-based services
- Child Care
- Pastoral Counseling
- Clinical Treatment

#### ATR Works!

As reported upon discharge

- 80% were abstinent from alcohol and drugs
- 94% were socially connected
- 94% reported no arrests, jail or prison time

#### 48,509 People Served to Date!

- 75% Male
- 25% Female
- 67% White;
- 28% African American;
- 64% Have children

## Adding recovery support services to clinical treatment services:

- Increased the average consumer's length of engagement in services by 30%;
- Lowered alcohol and drug use;
- Lowered involvement with the criminal justice system; and,
- Increased employment and educational involvement.

### What has been accomplished through ATR?

- Served over **48,500** unduplicated **consumers**;
- Credentialed **122 recovery support** provider organizations;
- Involved **108 Faith Based** recovery support providers;
- Lives changed!



<sup>&</sup>quot;The strength of the ATR program is the strength of using spiritual people to teach the spiritual things about staying sober."

<sup>&</sup>quot;I couldn't stay sober with just treatment...I needed faith."

<sup>&</sup>quot;I was isolated from life, pregnant, and unmarried and unaccepted when I got here. These people helped me communicate my issues to my family and I am finally at peace again even though I have been through some very hard times."

-- MO ATR Consumers